

Section 11. Products

11.1. State TRUE or FALSE for the following statements about A. Vogel Multiforce

11.1.1. Multiforce is a source of calcium, magnesium, phosphorus, and potassium as well as citrate and bicarbonate salts (alkalising minerals) and has a systemic alkalising effect.

- True | False

11.1.2. Sodium bicarbonate (baking soda) is one of the major active ingredients in Multiforce.

- True | False

11.1.3. Multiforce supports the body's acid buffering mechanism by providing alkalising minerals, the aim being to combat the effects of a typical acidogenic diet and CSSMA.

- True | False

11.1.4. In a clinical trial, Multiforce resulted in significant reduction in pain, stiffness and tenderness in patients with osteoarthritis of the hands.

- True | False

11.1.5. Multiforce increases urine pH (makes it more alkaline) which confirms its systemic alkalising effect.

- True | False

11.1.6. Multiforce may help to support bone health, reduce heartburn and indigestion, reduce joint pain in arthritis as well prevent gout and kidney stone formation.

- True | False

11.1.7. Multiforce is anti-inflammatory as it contains sulphur.

- True | False

11.2. State TRUE or FALSE for the following statements about A. Vogel Echinaforce

11.2.1. Echinaforce is proven to have anti-viral, antibacterial and anti-inflammatory effects

- True | False

11.2.2. Echinaforce is safe for long term use and safe to use during pregnancy and breastfeeding

- True | False

11.2.3. Echinaforce has potent antiviral properties specifically against enveloped viruses e.g. influenza, herpes simplex, RSV and coronaviruses

- True | False

11.2.4. Echinaforce Junior reduces the need for antibiotics by 76% and the complications of respiratory tract infections by 65% in children

- True | False

11.2.5. Although Echinaforce is antiviral against many viruses, it is not effective against coronaviruses

- True | False

11.2.6. Echinaforce is clinically proven to prevent and treat colds, flu and reduce the risk of their complications e.g. otitis, bronchitis, pneumonia, sinusitis

- True | False

11.2.7. Echinaforce is an 'immune booster' i.e. it indiscriminately boost the immune system

- True | False

11.2.8. Echinaforce is uniquely made from fresh, organic *Echinacea purpurea*, in the ratio of 95:5 herb to root, has a proven mode of action and is the most research Echinacea product

- True | False

11.3. State TRUE or FALSE for the following statements about A. Vogel Molkosan

11.3.1. Molkosan is made from lacto-fermented Swiss organic whey and is a source of lactic acid and butyrate.

- True | False

11.3.2. Molkosan contains healthy hydrochloric acid

- True | False

11.3.3. Molkosan acts as a pre-biotic in the digestive tract, supporting the microbiome and gut barrier.

- True | False

11.3.4. Molkosan is proven to increase butyrate levels as lactic acid is converted into butyrate in the intestine.

- True | False

11.3.5. Molkosan relieves the symptoms of irritable bowel syndrome such as bloating, cramping, gas, urgent stools and alternating constipation and diarrhoea

- True | False

11.3.6. Molkosan is not for those who are lactose intolerant

- True | False

11.3.7. Molkosan can be used externally for fungal infections

- True | False

11.3.8. Butyrate is the main food for colon cells and regulates their growth, it is anti-inflammatory and supports the gut barrier and combats the negative effects of antibiotics.

- True | False

11.4. State TRUE or FALSE for the following statements about ThreshHold Real MSM

11.4.1. The active ingredient in ThreshHold Real MSM is OptiMSM® comprising 99.9% pure, four times distilled MSM

- True | False

11.4.2. One of the key areas of research on OptiMSM is exercise recovery confirming the effectiveness of ThreshHold in preventing inflammation, shortening recovery time and reducing post exercise soreness

- True | False

11.4.3. ThreshHold Real MSM is also confirmed to be effective in osteoarthritis, reducing pain and improving joint function

- True | False

11.4.4. ThreshHold Real MSM should not be taken long term because like other anti-inflammatories it can damage the stomach lining

- True | False

11.4.5. ThreshHold Real MSM unlike other anti-inflammatories and some other natural joint products has no known drug interactions and no contraindications.

- True | False

11.4.6. ThreshHold Real MSM should never be given to anyone with sulphur allergies because they will be allergic to it

- True | False

11.4.7. Each tablet contains 100mg of OptiMSM®

- True | False

11.4.8. ThreshHold Real MSM is safe to use during pregnancy and breast feeding

- True | False

11.5. State TRUE or FALSE for the following statements about Bio-Strath

11.5.1. Research on Bio-Strath confirms that it significantly enhances the absorption of nutrients in the digestive tract

- True | False

11.5.2. Bio-Strath increases the absorption of Iron by 5 times and Vitamin B1 by 10 times

- True | False

11.5.3. Bio-Strath increases the absorption of Zinc and Magnesium by 60 times

- True | False

11.5.4. Bio-Strath improves the absorption of iron by 5 times and maintain haemoglobin levels in pregnant women throughout their pregnancies.

- True | False

11.5.5. Bio-Strath has been clinically proven to be beneficial in special needs children and children with ADD

- True | False

11.5.6. Bio-Strath contains building substances which are needed first by cells before any other nutrients

- True | False

11.5.7. Bio-Strath contains 21 different nutrients

- True | False

11.5.8 Bio-Strath is needed in the first 1000 days of life, i.e. during pregnancy through the mother and to supplement in the infant until he/she reaches age 2 (at least).

- True | False

11.6. State TRUE or FALSE for the following statements about Oxiprovin

11.6.1. Oxiprovin is a balanced antioxidant as its antioxidant effect is achieved through multiple pathways rather than simply neutralising free radicals

- True | False

11.6.2. Oxiprovin directly protects cells, organs and tissues from oxidative stress, reducing inflammation and restoring balance

- True | False

11.6.3. Oxiprovin's anti-oxidant effects are due to the presence of grape fruit seed extract which is the main active ingredient in Oxiprovin

- True | False

11.6.4. Oxiprovin provides protection in those following an unhealthy diet, a sedentary lifestyle, those who are, stressed, smokers, overweight or have a family history of cardiovascular, inflammatory or degenerative disease

- True | False

11.6.5. Specific conditions known to improve from grape seed extract include cardiovascular, metabolic, neurodegenerative, inflammatory or degenerative conditions

- True | False

11.6.6. Oxiprovin, like most other anti-oxidants should not be used long term as it could have a pro-oxidant effect

- True | False

11.6.7. Oxiprovin consists of 100% grape seed extract produced in South Africa with 140mg per capsule and contains polyphenols including oligomeric proanthocyanidins

- True | False